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### **EXECUTIVE LETTER**

#### Dear FRNds,

Year two of FRN's three year strategic plan has been a learning and building year for us. We are always focused on our main program of supporting our student leaders to recover perfectly good food and that is how our recovery poundage increased by 29% from last program year. However, to keep pace with our growth and the themes of the movement such as student food insecurity, and desire for more leadership opportunities, we had to look under the hood, so to speak, and ask ourselves some tough maintenance questions. This year, FRN National undertook an eight-month project to better understand our metrics. We also designed and began to build our new student portal, our solution to improved data collection and communication among and between chapters and FRN National.

Strength and capacity of the movement is a taproot pillar of our three-year strategic plan: we are only successful as a national movement when our student leaders, alumni and FRNds are equipped with the best of the best tools, resources and data. Thank you everyone who has journeyed with us over the years, wherever you have joined us in our seven year timeline. The results you will read within are the work of the most dedicated people committed to fighting food waste and feeding those in need and to making food recovery the norm, not the exception.



REGINA NORTHOUSE Executive Director

Kogin Northac



ERNIE MINOR FY18 Board President

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### THE FOOD RECOVERY PROCESS

#### PRODUCTION

Production of food uses an incredible amount of resources such as water, fuel, soil, and human labor.

#### **TRANSPORTATION**

The average meal travels thousands of miles to get from a farm to your plate. This process produces hundreds of tons of carbon emissions per year, which contribute to climate change.

#### DISTRIBUTION

Restaurants, dining halls, and grocery stores distribute food to everyone. But they often have a surplus of unused and uneaten food.

#### CONSUMPTION

(CA)

People don't always eat everything they buy. The average person wastes 238 pounds of food per year, costing them \$450 annually.

#### What is gleaning?

Almost 10 million tons of fresh, perfectly good food is left un-harvested on farms every year in the US. Gleaning allows this would-be unharvested produce to be collected and eaten rather than left to rot and tilled back into the soil as fertilizer.

#### RECOVERY

FRN volunteers go to college dining halls or food businesses, like restaurants, farmers markets or grocery stores, and recover unserved, surplus food in order to donate it to local nonprofits who serve those in need.

#### **DELIVERY TO PA**

FRN volunteers transport and donate the food to hunger-fighting partner agencies like soup kitchens, food banks, community outreach programs, and homeless shelters.FRN volunteers foster meaningful relationships with the staff and those served at these nonprofits

#### **SERVED**

Hunger-fighting partner agencies repurpose the food into healthy, delicious meals for those in need. FRN works with over 350 hunger-fighting partner agencies across the country. Our food contributions save them on average \$7,000 per year.



#### **IF FOOD IS RECOVERED**



#### **Landfill Facts**

Nearly one third of all food produced ends up in a landfill, making it the single largest item in US landfills. Consequently, food waste produces tremendous amounts of methane, a potent greenhouse gas that directly contributes to climate change. LANDFILL





# PROGRAMS

"What makes me passionate about FRN is how we don't need more supplies or resources to make a difference. We aren't really using more money. We just recover food that would have been thrown out and give someone a meal. It's such a simple, easy way to change someone's life, which makes it amazing and so worthwhile. I love that FRN becomes my weekly giving-back activity."

- Allie Sklarew, Goucher College, ROC



"Seeing crate after heaping crate stacked high with recovered food gave 'food waste' a different meaning for me. It's no longer a list of statistics or weekly trunk full of food. Food waste is no mole hill, it is a mountain. Our work is very important."

– Jack Steinmann, San Francisco State University



"FRN was a defining moment in my undergraduate career. It showed me a first-person perspective of the intersection between social and environmental justice."

- Brett Zeuner, Eastern Michigan University



#### 230 TOTAL CHAPTERS 44 STATES & D.C.

#### AVERAGE VOLUNTEERS PER CHAPTER: 83 TOTAL NUMBER OF VOLUNTEERS\*: 11,418

\*BASED ON SPRING 2018 END OF SEMESTER SURVEY DATA



#### MOST COMMON FORMS OF TRANSPORTATION:

- 1. Personal vehicle
- 2. School-owned car
- 3. Partner Agency pick-up



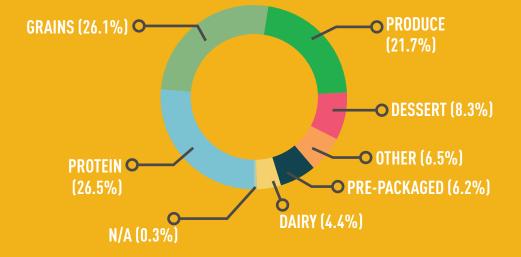
#### TOP 5 STATES IN POUNDS RECOVERED:

- 1. New York: 94,754
- 2. California: 80,022
- 3. Maryland: 57,697
- 4. North Carolina: 35,378
- 5. Illinois: 29,248



AVERAGE POUNDS OF FOOD COLLECTED IN ONE SEMESTER PER CHAPTER: 2,503

#### **TYPES OF FOOD RECOVERED**



ALL-TIME POUNDS: 3,035,453 ALL-TIME MEALS: 2,529,543







In Spring 2018, our movement reached another exciting milestone: three million pounds of food recovered and donated to those in need.



Three million pounds of food is equivalent to 2.5 million meals donated to food insecure individuals at hunger-fighting nonprofits across the country, while also reducing  $CO_2$  emmisions by 2.6 million kg.



"Without a doubt I believe this milestone will fire up the [students] who are already on board and only stir up others when they come to realize we are history makers and world changers."

Kyle Ruhe, Jacksonville
 University

### LARGEST RECOVERY: 20,000 POUNDS

- Duke University
- October 10, 2017

- 12 volunteers
- Yam gleaning at SOSA Farm



### **SMALLEST RECOVERY: 1 POUND**

- University of California Los Angeles
- 2 volunteers
  Ackerman Student Union

• May 17, 2018

# NFRD 2017

UNIVERSITY OF THE DISTRICT OF COLUMBIA WASHINGTON, D.C. NOVEMBER 4-5, 2017 #NFRD2017

Food Recovery Network hosted the second annual National Food Recovery **Dialogue (NFRD) from** November 4-5, 2017 at the University of the District of Columbia. The Dialogue assembled hundreds of student leaders and food from across the country to discuss solutions to hunger and food waste in America. Attendees participated in and activities to inspire and promote practical solutions to address food waste and hunger head-on. The Dialogue featured a with expertise in a variety of fields related to food and







200+ ATTENDEES 45 FRN CHAPTERS 23 STATES





#### **SPEAKERS FROM:**

- Farmworker Justice
- Harlem Grown
- National Resource Defense Council
- The Environmental Protection Agency
- The Food Law and Policy Clinic at Harvard Law School
- Sodexo USA
- And more!



A sincere thank you goes to this year's sponsors of NFRD: Sodexo USA, the University of the District of Columbia, Specialty Foods, Hampton Creek, Hungry Harvest, and Green Plate Catering.

### NFRD KITCHEN THROWDOWN

At the Dialogue, FRN hosted the Kitchen Throwdown, a food competition that 27 students participated in, working in groups of three. Each team was equipped with a kitchen space to prepare creative, tasty, and sustainable meals.







Chef Jon Deutsch, Professor of Culinary Arts and Food Science at Drexel University, and Kaimana Chee, Executive Chef of Uncle's Hawaiian Grindz, were emcees for the event and supported students throughout the cooking process. Hungry Harvest donated recovered food including organic "ugly" produce, that teams used to create their dishes.

#### **THE WINNERS:**

1. Beet Falafel and Mango Crepe made by Dina El Achi, Heba Hoelscher, and Dean Suchy

2. Zucchini Pizza and Apple Crisp with a Twist made by Luke Vickrey, Paul Steenwik, and Kandi

3. Rice and Veggies with Spicy Raita and Sweet Potatoes made by Deep Tripurana, Zhiru Wang, and Yolanda Chow



FRN partners closely with Hungry Harvest. If you live in a Hungry Harvest market, use promo code "FRN" to receive a discount on your first subscription.

### THIS RECOV ERED LIFE

NFRD

This Recovered Life (TRL) is a speaker series held at the National Food Recovery Dialogue. In 2017, five exceptional FRN leaders — both current students and alumni — were chosen from a highly talented pool of applicants to tell their unique FRN story: Yash Desai, Thomas Straus, Courtney Newcomer, Jennifer Campbell and Lauren Twele.



"Our organization's main focus is sustainability, so it only makes sense to educate the next generation about sustainability. Our hope is to plant a seed with the students that will expand as they grow up into environmentally conscious adults."

- Lauren Twele, University of Tampa, ROC (right)

"To me, it's like driving down a street, and on the left seeing restaurants, grocery stores, [and] families dumping perfectly edible food, and on the right side seeing families struggling to put meals on the table...The solution to both of these critical issues was and is a simple bridge that would just connect the two sides of the street."

- Yash Desai, University of Houston Alumni, SAAB Member



### HACKATHON

A hackathon is an event that engages teams around a set of real-world issues with the intent to generate creative ideas and solutions to the particular issues. A panel of judges selects the winning ideas and those teams are recognized. Sodexo USA sponsored the event and student leaders devised solutions to a real-world issue facing Sodexo: "How can Sodexo reduce postconsumer waste?"

#### 20 PARTICIPANTS FROM 10 SCHOOLS

#### Winners

#### 1st Place

 Zeel Vora, Dean Suchy, Becky Stromfeld, Alexis Caputo & Adrian Hertel

2nd Place

 Laurel Kipe, Natalie Malinowski, Harris Eisenhardt, Catherine Fazio & Daisy Rodriguez

**3rd Place** 

 Lexi Endicott, Jaime Renman, Maria Rodriguez, Luella Bond & Manuela Romero





### **REGIONAL OUTREACH COORDINATORS**

In Spring 2018, FRN worked with 10 Regional Outreach Coordinators (ROCs) to coordinate and host one-day summits in nine cities across the country. The local events brought together students and community members to share skills, generate new ideas, and foster connections. The ROCs program was made possible in part by funding from the Annenberg Foundation, the Claniel Foundation and the Kenneth Goldman Donor Fund.



**Food Recovery Network Regional Summits** 



Each summit was unique and reflective of the diverse community members. Some summits provided an introduction to food recovery for those who were new to the issues we tackle every day.

Other summits featured roundtables for members from official chapters to discuss the programs they've refined over the years.





"When I'm in the FRN National office, I'm usually interacting with students and answering their questions through email or on the phone. At the summits, I had the chance to look student leaders in the eye and recognize 'we are in this fight against food waste and hunger together.'"

– Hannah Cather, FRN Program Manager



#### "What we do is more than just food recovery: it's changing people's lives."

- Luke Vickrey, University of California - San Diego Alumni, ROC



"I enjoyed being able to network (as an FRN veteran) with other volunteers and chapters who are just beginning their journey."

- A Feeding Florida Summit Participant

### STUDENT & ALUMNI ADVISORY BOARD

FRN's inaugural Student and Alumni Advisory Board (SAAB) was established as a response to students' requests to be more involved with FRN on the national level. The 13 members of SAAB are working on resource development, outreach, alumni engagement, and further connecting FRN National with the students on the frontlines of the food recovery movement. With representation from across the country, these individuals are helping to pave the way for a truly student-centered food recovery movement. The creation of SAAB was made possible by the Claniel Foundation and the Kenneth Goldman Fund.

"Since I joined the FRN movement three years ago, I have continually been inspired by the impact of the recoveries with FRN. I am honored to be a part of the first SAAB which I believe will be an incredible addition to the team as a way to form deeper collaborations between students and the national network."



- Katie Crombez, Alumni, SAAB President

To learn more about SAAB and the work they are doing, visit: foodrecoverynetwork.org/student-alumni-advisory-board

### **SAAB MEMBERS**

#### **STUDENT ADVISORS:**

- Jennifer Campbell, Univ. of Tampa
- Meryl Davis, Knox College
- Kirsty Hessing, Wagner College
- Jaime Renman, Univ. of Delaware
- Amanda Rivas, Oxford College
   of Emory



#### **ALUMNI ADVISORS:**

- Allison Blakeley, Rochester Institute of Technology
- Brian Cheuh, Villanova University
- Katie Crombez, Madonna University
- Yash Desai, Univ. of Houston
- Heather Fucini, Univ. of Hawaii at Manoa
- Susan Pagano, Monmouth University
- Maria Rodriguez, Whittier College
- Lianna Tilton, Univ. of California-Davis

### **SAAB SPOTLIGHT**



MERYL DAVIS Knox College Galesburg, IL Meryl Davis co-founded the Knox College chapter in Fall 2016. Her high school senior project focused on food waste and redistribution; a field of study which she did not expect to pursue, but has now resulted in an exciting crossover between her current studies as an Anthropology and Sociology major with an Environmental Studies minor.

Heather Fucini received her degree in Food Science and Human Nutrition. Her studies heightened her passion of diverting unsold, surplus food to individuals who need it the most. Since founding an FRN chapter in 2016, their team successfully donated over 5,000 pounds of food.



HEATHER FUCINI Univ. of Hawaii at Manoa Honolulu, HI

### **MOVE OUT FOR HUNGER**

Since 2017, FRN has partnered with Move For Hunger to host Move Out For Hunger (MOFH) events. In April and May, FRN student leaders from six schools hosted MOFH events to collect leftover nonperishable goods. These food items would have otherwise been thrown away as students cleaned out their residence halls for the summer.





# total pounds recovered:

#### **PARTICIPATING SCHOOLS:**

- Brandeis University\*
- Goucher College\*
- Olivet Nazarene University
- University of Delaware
- University of Texas-Dallas
- West Virginia University

\* Schools that also particpated in 2017

To learn more and sign up to participate in future Move Out for Hunger events, visit: foodrecoverynetwork.org/move-out-for-hunger/



## FOOD DONORS & PARTNER AGENCIES

"It really touched me to know that the food this chapter donates is actually making a difference in people's lives."

- Makayla Mitchell, Stetson University

### **FOOD DONORS**

Food Donor: an establishment where chapter volunteers pick up surplus food. Most commonly: dining halls, campus catering, and restaurants.



FROM OUR 2018 FOOD DONOR SURVEY: A majority of our food donors say FRN students have"very good" or "good" kitchen ettiquette.

Overall, our food donors say they consider food waste when planning a menu.

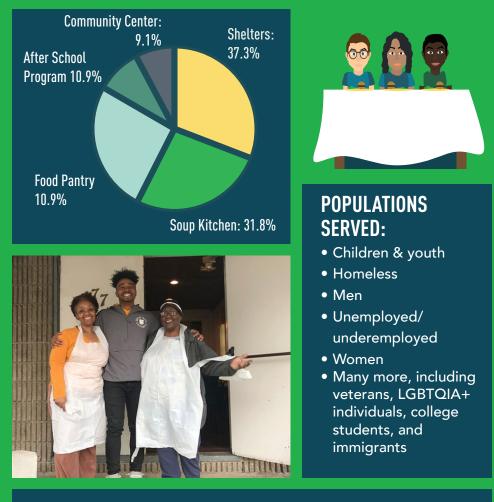


#### What food donors say about FRN student leaders...

- "FRN students are CRITICAL to this program! Without them it would be SO much harder." - Nick Goodfellow, University of Pittsburg Dining Services
- "I have been working closely with this group since 2014 and it's been a fantastic group to deal with." - Joshua Hennessy, Roger Williams University
- "Everything runs smoothly with our plan already set in place. We communicate via email and the students show up every week on time." Gillian Manna, Sage College

### **PARTNER AGENCIES**

Partner agency: a nonprofit organization where food is donated Most commonly: soup kitchens, churches, or shelters



the average market value of frn donations per partner agency per year is **\$8,664.** frn also saves partner agencies **\$7,000** per year. partner agencies working with frn receive over **\$15,000** in support annually.



# ALUMNI

"I'm incredibly grateful to have been involved in this organization. I will keep memories of FRN with me forever."

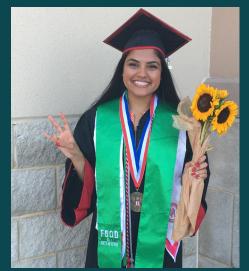
- Annika Vaerst, University of Maryland - College Park

### ALUMNI

Food Recovery Network's alumni network aims to keep FRN student leaders involved after their graduation. At FRN, we're serious about long-term behavior change. Being part of an FRN chapter is not just a two or four year engagement; it's a life-long commitment to fighting waste and feeding people that extends far beyond the college experience.

### **Graduation Merchandise**

For the first time, FRN offered graduation stoles and lapel pins to graduating seniors. FRN student leaders proudly showed their commitment to fighting food waste and feeding people as they crossed the stage at graduation.These items will also be available for 2019 graduates!





### **ALUMNI SPOTLIGHTS**

We've featured stories from several stand-out FRN alumni this year. If you would like to share your story, please reach out to us at *alumni@foodrecoverynetwork.org*.



#### **Diana Myers** Georgia State University, '17

"We can really drive [waste reduction] and teach about solutions that get nutritious food into areas that need them."

#### **Carl Diethelm** Green Mountain College, '17

"Take it slow. While it can be disheartening to see how much food is wasted every minute, rushing to start new programs or extend current food recovery projects can sometimes result in burn-out and maybe a loss of food safety. Start new relationships with small pilot programs, and use the network to reach out to others if you have any questions."



### **ALUMNI SPOTLIGHTS**



#### **Rebecca Leighton** University of Minnesota, '16

"Stay strong, keep persisting, and keep growing. Never let anyone tell you that you can't do what you are passionate about."

#### Kelsey Rogers Roger Williams University, '17

"Through FRN, I was able to realize my passion for fighting food waste and hunger. Since then, my passion has guided every decision I make. FRN has given me the confidence to pursue my dream job, and the leadership experience to get there."





# FOOD RECOVERY VERIFIED

"Truthfully, for me, it just felt like the right thing to do. We didn't think about any reward or anything like that – just wanted to help where possible."

- Joshua Hennessy, Bon Appétit at Roger Williams University

### **FOOD RECOVERY VERIFIED**

Food Recovery Verified (FRV), a program of FRN, recognizes and rewards food businesses that are working to fight waste and feed people through food recovery. FRV serves as a third party that verifies food businesses who are donating surplus food at least once a month to hunger fighting nonprofits. FRV provides resources to food-insecure Americans by enhancing national awareness and participation in food recovery.

#### FISCAL YEAR 2018 STATISTICS

- 100 TOTAL ACCOUNTS
- 61 RENEWAL ACCOUNTS
- 39 FIRST-TIME ACCOUNTS



THE UNSOLD SURPLUS FOOD FROM THIS ESTABLISHMENT

FEEDS PEOPLE, NOT LANDFILLS.



### **EXAMPLES OF ACCOUNTS**

- Bon Appétit at Airbnb Portland
- Bon Appétit at Best Buy Headquarters
- Bon Appétit at Target HQ

#### • Sodexo at East Aurora School District 131

- Sodexo at National Geographic Society
- Sodexo at Trinity Medical Center

### **EXAMPLES OF EVENTS**

- 2018 D.C. Food Tank Summit (D.C.)
- 2018 Consumer Federation of America National Food Policy Conference (D.C.)
- Emerging Practitioners in Philanthropy National Conference (Detroit)
- NationSwell Summit (New York City)



#### **ALLIANCE BERNSTEIN**

Restaurant Associates at Alliance Bernstein started recovering their surplus food. They're setting the example for others in the corporate dining sector to reduce food waste and feed people through food recovery. Their food donations go to New York Common Pantry, which serves those in need throughout NYC.

#### **JENNER'S POND**

Jenner's Pond Retirement Community in West Grove, Pennsylvania, is Food Recovery Verified. The residents in this community assist with the packaging of surplus food items which are then donated to Kennett Area Community Service.



### **THE 2018 WINTER FANCY FOOD SHOW**

Food Recovery Network started 2018 by making history with our largest one-day food recovery to date: 27,655 pounds of food. Fifty volunteers recovered 68 pallets of products from the Specialty Food Association's 2018 Winter Fancy Food Show in San Francisco. The surplus food was then donated to the Delancey Street Foundation, a nonprofit residential self-help organization.



### **THE 2018 SUMMER FANCY FOOD SHOW**

The Specialty Food Association's 2018 Summer Fancy Food Show held at the Javits Center from June 30 to July 2 was Food Recovery Verified. More than 300 volunteers recovered 89,000 pounds of food, which was donated to City Harvest in NYC.



To learn more about the Winter Fancy Food Show and register to volunteer for future WFFS recoveries, visit www.foodrecoverynetwork.org/winter



# FINANCIALS & DONORS

"My son is always upset with our family's food waste, so much so that he'll eat food he doesn't like to avoid seeing it wasted. When I learned that there was a group of students tackling institutional food waste, I decided to donate in his honor."

- Erica E., Donor

### **FINANCIALS**

In Fiscal Year 2018 (July 1, 2017-June 30, 2018), FRN focused on increasing our foundation support. In turn, that support allowed FRN to expand programming and make technological investments to support our student leaders and our national office. This expansion of foundation support also led to FRN partnering with more foundations who are passionate about reducing food waste.

### **EXPENSES** O PROGRAM (71%) **OPERATING EXPENSES (29%)** REVENUE **EARNED INCOME** (3.21%) 아 **OGRANTS** CORPORATE O (86.1%) GIVING (5.04%) DONATIONS (5.65%)

# DONORS

"It is critical to support innovative food recovery models that have the ability to make a difference in our communities. The Claneil Foundation supports the efforts of Food Recovery Network because they have positive results today that will enable lasting results tomorrow."

- Andrea Bretting, Claniel Foundation, Senior Program Officer

- Annenberg Foundation
- Campbell Soup Foundation
- Clifbar Foundation
- General Mills Foundation
- GreaterGood.org
- JW Marriot Foundation
- Kenneth Goldman Donor Fund
- Lisa and Douglas Goldman Fund
- Mead Family Foundation
- Rainwater Charitable Foundation
- Richard E. and Nancy P. Marriott Foundation
- Sodexo Stop Hunger Foundation
- Syngenta

### **THANK YOU!**

In the upcoming year, our Executive Director, Regina Northouse, will work to build stronger relationships with our donors because they are so critical to our work. If you're a donor, or thinking about becoming one, we look forward to talking with you often in the next several months and years to come.

# **THANK YOU**

FRN wants to express our sincere appreciation for the partners, individuals, and supporters who have helped us this year.

#### **Special Thanks To:**

- Campus Causes
- Danielle Nierenberg, Bernie Pollack, and Food Tank
- Dimas Syuardi
- Enlight Collaborative
- Hungry Harvest
- Jonathan M. Tisch College of Civic Life, Tufts University
- Josh Singer and the DC Food Recovery Working Group
- Littler Mendelson P.C.
- Mayya Agapova
- Morgan, Lewis & Bockius
- Move For Hunger
- Natural Resource Defense Council
- Rye Diner
- Taproot Foundation and our team of experts
- Sherry Rubin
- Sidley Austin LLC

#### NFRD Throwdown Judges:

- Stacy Carroll, Director of Partnerships at Hungry Harvest
- Patricia Gentry, Senior Manager of Grassroots Advocacy & Youth Engagement at No Kid Hungry
- Katherine Miller, Vice President of Impact at the James Beard Foundation

#### NFRD Hackathon Judges:

- Catherine Crombez, FRN at Madonna University
- Nell Fry, Sodexo North America
- Caroline Howe, UDC CAUSES
- Caitlin Lundquist, Sodexo at George Mason University
- Ted Monk, Sodexo North America
- Angel Veza, ReFED





# APPENDIX

## **FRN NATIONAL STAFF**



**Regina Northouse** Executive Director



Katie Aguila Operations Coordinator



Hannah Cather Program Manager



**Robert Hopp** Evaluation Associate



**Cassie Olovsson** Manager of External Partnerships

### FELLOWS + AMERICORPS VISTAS

#### 2017-2018

Michael Boyd Hayley Brundige Sarah Diamond Robert Hopp Paul Sherman Paloma Sisneros-Lobato Maggie Switzer Sam Yates

### INTERNS

Kareal Amenumey Caroline Bruchman Varia Garon Dena Gershkovich Sheryl Kenfack

#### 2018-2019

Lindsay Angelis Heather Banikas Sarah Bellaire Chrycka Harper Calvin McCarthy Dominique McMillan Erin Price Sean Strader

Megan Parlett Manuela Romero Shirley Shen Matthew Vega

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Ted Monk

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**Smith College** Southern Connecticut State Universitv Southern Maine Community College Southern Nazarene University St. John's University St. Mary's College of Maryland St. Olaf College **Stephen F. Austin State University Stetson University Stevenson University** Stockton University **SUNY Binghamton** SUNY Plattsburgh **SUNY Polytechnic Institute of SUNY University at Buffalo** Syracuse University / SUNY ESF **Taylor University Texas A&M University Texas Christian University Texas State University Towson University Trinity College Tulane University University of Bridgeport** University of California, Davis **University of California, Los Angeles** University of California, San Diego University of California. Santa Cruz **University of Central Arkansas University of Central Oklahoma University of Chicago University of Dayton** University of Delaware **University of Denver** 

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Whittier College Wichita State University Willamette University Worcester Polytechnic Institute

### DON'T SEE YOUR COLLEGE OR UNIVERSITY LISTED HERE?

Apply to start a Food Recovery Network chapter by visiting: foodrecoverynetwork.org/newchapter-application



"To see such a demonstrated and real impact in so many people's lives because of our efforts has reminded me why this work is so important."

#### - Sean McNelis, Loyola University of Chicago







ANNUAL REPORT DESIGN BY SARAH BELLAIRE, HAYLEY BRUNDIGE, CALVIN MCCARTHY, & DIMAS SYUARDI

PHOTOS BY FOOD RECOVERY NETWORK

COVER ART BY MAYYA AGAPOVA

### **CONTACT US**

FRN NATIONAL HEADQUARTERS 4321 HARTWICK RD SUITE 316 COLLEGE PARK, MD, 20740 INFO@FOODRECOVERYNETWORK.ORG CALL US: +1 (240) 615-8813

### **Connect With FRN**

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in www.linkedin.com/company/food-recovery-network

EggPlan